



BEST LIFE

Mental Health & Wellness

TELEPSYCHIATRY FORM

Purpose of this Form

The purpose of the Telepsychiatry Consent Form is to get the patient's permission and consent to participate in virtual mental health evaluation and treatment services.

Telepsychiatry Consultation

Telepsychiatry is online interactive video conferencing for mental health care. Telepsychiatry provides accessibility to mental health treatment and provides convenience for the patient.

Telepsychiatry sessions may not be the same as direct patient/provider sessions. Telepsychiatry visits may be changed to in-person or canceled if the patient or provider feels that patient needs more intensive or in-person treatment. Patients on controlled medication for ADHD or sleep will be required to have an initial urine drug screen (UDS) through LabCorp or Quest prior to receiving a prescription. A UDS will need to be obtained every three months. The provider may request a UDS at any time they feel it is necessary while the patient is receiving care at Best Life Mental Health & Wellness.

Telepsychiatry will not be available to patients taking benzodiazepines, substance abuse, or patients with borderline personality disorder at this time.

Confidentiality

I know that any law that protects my medical history records is also applied for telepsychiatry. Our office currently uses Zoom and Doximity video messenger, which is a HIPPA compliant and protected telehealth platform.

Patient Rights

I understand that I can revoke this consent at any time by contacting the company and without risking my rights to future sessions.

Procedures, Benefits, and Risks

During the session, a video, audio, or photo may be recorded to verify the session with the patient's consent. The patient also guarantees that the session will not be recorded without getting consent from the provider at Best Life Mental Health & Wellness. I understand that telepsychiatry can be helpful and allow me to access mental health treatment regularly and efficiently. However, telepsychiatry cannot guarantee any results. In case of any technical problem, a non-medical technician may be in the room during consultation. The patient will be notified and informed if there are other personnel present in the session. For the best interest of the patient, we advise that patient be in a stationary area without possible distractions. Please do not drive or be a passenger in a car during telepsychiatry appointments. The provider may choose to reschedule the appointment if they feel it is in the patient's best interest. Please sign below if you consent to the information stated above.



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PATIENTS NAME: _____ *PHONE NUMBER:* _____

EMAIL: _____

All the procedures, potential risks, consequences, and benefits have been told to you by your health care professional. You have given an opportunity to ask your concerns and questions which have been answered.

PATIENTS SIGNATURE (LEGAL GUARDIAN): _____ *DATE:* _____

RELATIONSHIP: _____



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QUESTIONS AND ANSWERS FOR TELEPSYCHIATRY

Cost for telepsychiatry service?

Initial telepsychiatry evaluation: \$250

Follow-up telepsychiatry: \$125

The payments for telepsychiatry will be taken via debit, credit card or HAS/ FSA at the time of the appointment. We do not accept checks.

What type of payments do you accept?

We will accept all major debit, credit cards, and HAS/ FSA.

When do I have to pay for service?

The payment must be collected upfront prior to your appointment.

What if I have to cancel or reschedule my appointment?

If the patient notifies the office **24 hours before** their scheduled telepsychiatry appointment, the patient can be rescheduled. If the appointment is canceled or rescheduled **within 24 hours** the patient will have to pay \$65 for missing that appointment.

Am I able to submit an insurance claim to get reimbursed for the telepsychiatry visit?

Patients can submit a claim to their insurance. Best Life Mental Health & Wellness can provide you with your billing statement so you may submit your claim.

What type of HIPPA protected platform do you use for telepsychiatry?



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Currently, Best Life Mental Health & Wellness uses Zoom and Doximity, which is a HIPPA protected video message platform.